

RDYSL Policy on Small-Sided Games

In October 2013, New York State West Youth Soccer Association approved its Policy on Small Sided Games, which documents the requirements and recommendations for teams in the U12 and younger levels.

The Rochester District Youth Soccer League will comply with this policy beginning with the 2015 season. The following rules will apply for the RDYSL 2015 season:

1—There will be no separate U8 age group. U8 teams will play as part of the U9 age group and will be assigned to the appropriate division within the U9 age group by the Division Coordinator.

2—League play in the U9 and U10 age groups will be 7 v 7, including the goalkeeper. Field size will be approximately 60 x 40 yards with modified goals. Maximum roster size is 14 players.

3—League play in the U11 age group will be 8 v 8, including the goalkeeper. Field size will be approximately 80 x 55 yards with modified or full-size goals (modified goals are recommended). Maximum roster size is 16 players.

4—League play in the U12 age group will be 9 v 9, including the goalkeeper. Field size will be approximately 80 x 55 yards with modified or full-size goals (modified goals are recommended). Maximum roster size is 18 players.

5—Teams with special circumstances may use RDYSL's Roster Size Variance Request process to request a variance to the maximum roster size. No other exceptions to the above requirements will be contemplated.